

## Self-Help Support Groups: Recovery Road - Gamblers

### **\*\*Resource for the Gambler ONLY**

- ❖ **Recovery Road** (<https://recoveryroadonline.com/>) is an online recovery program with no dues or fees that was founded from the growing urgency of problem gamblers wanting to quit gambling and live in recovery. Support is available for gamblers and loved ones through private Facebook Groups and daily online 12-Step meetings offered from morning to midnight and more, facilitating connection to a support network of others going through similar situations.
- ✓ Do you suffer from a gambling problem? Even if you are not certain about whether you want to give up gambling, our fellowship and meetings are open to anyone who thinks they have a gambling problem. There is hope. **For gamblers**, Recovery Road offers the tools needed to build a support network from other recovering individuals, including a private Facebook Group only for gamblers in recovery, online meetings only for gamblers, combined online meetings together with loved ones who have been impacted by another's gambling problem, guest speaker recordings, and more.